

Companion Sheet: The God Who Calls and Covers

"God Does Not Leave You Hiding"

Open in Prayer

Fire Starter:

When Adam and Eve sinned, they did what many of us still do today.

They covered up.

They hid.

They felt shame.

But God came.

Tony reminds us that God knew exactly what Adam and Eve had done, yet He still came into their brokenness, shame, sin, and failure. God did not leave them hiding behind a bush. He called them out, asked questions, and provided a covering for them.

Question:

Why is it important to remember that God came to Adam and Eve after the fall?

Follow-up:

When you mess up, do you usually run toward God, hide from God, or try to fix it yourself?

Discussion Questions

1. Tony said sin often starts before our actions. It begins in our minds with wrong thoughts about God and wrong thoughts about ourselves.

Why is it important to understand that sin usually begins in our thinking?

2. How does sin happen?

What are some thoughts, lies, desires, or pressures that can lead us away from God's good ways?

3. Tony said we often try to satisfy a need or desire apart from God.

What are some things people turn to when they are trying to feel loved, accepted, valued, powerful, or in control?

4. Before we sin, the enemy lies to us. After we sin, he accuses us.

Have you ever noticed that pattern in your own life? What does it sound like?

5. In the Garden of Eden, what was God's response to Adam and Eve's sin?
 6. God asked Adam, "Where are you?"
Since God already knew where Adam was, what do you think that question really meant?
 7. God asked, "Who told you that you were naked?"
What was God helping Adam recognize about the voice he had been listening to?
 8. God asked, "Did you eat from the tree I commanded you not to eat?"
Why does God call us to be honest about what we have done?
 9. Adam and Eve tried to cover themselves with fig leaves, but God covered them with animal skins.
Why is it important that God provided the covering?
 10. Tony explained that the animal skins point forward to Jesus, the perfect Lamb, whose blood provides forgiveness.
How does Jesus become the true covering for our sin and shame?
 11. When you sin, what is a good process for restoring right relationship with God?
What do you need to remember, confess, and do?
-

Life Reflection: Make It Personal

Think about a time when you messed up and wanted to hide.

What happened?

What was your first instinct?

- ☐ Hide
- ☐ Blame someone else
- ☐ Cover it up
- ☐ Make excuses
- ☐ Pretend it did not happen
- ☐ Beat myself up
- ☐ Run to God

- ☐ Ask for forgiveness
- ☐ Other: _____

What were you believing about God in that moment?

What were you believing about yourself?

What truth do you need to remember when shame tries to make you hide?

Sin Pattern Checkup

Sin is not just behavior. It often follows a pattern.

Stage	What It May Sound Like	My Example
Lie	“God is holding out on me.”	_____
Desire	“I need this to feel better.”	_____
Decision	“I’m going to do it anyway.”	_____
Hiding	“I hope no one finds out.”	_____
Accusation	“God can’t love me now.”	_____
God’s Call	“Where are you?”	_____
Confession	“Lord, I sinned.”	_____
Restoration	“Jesus covers my sin.”	_____

Where do you usually get stuck in this pattern?

God's Questions Exercise

God's questions were not because He lacked information.

They were invitations.

He was helping Adam and Eve see what happened, where they were, and whose voice they had trusted.

Fill this out honestly:

God's Question	What It Reveals	My Response
"Where are you?"	God invites me out of hiding.	_____
"Who told you?"	God helps me identify the voice I believed.	_____
"Did you eat?"	God calls me to honesty and confession.	_____

What question do you think God may be asking you right now?

Fig Leaves or God's Covering?

Adam and Eve used fig leaves to cover their shame. We may not use leaves, but we still try to cover up.

My Fig Leaves	What God Offers Instead
Excuses	Truth and confession
Blame	Responsibility and grace
Hiding	Relationship and restoration
Performance	Identity in Christ
Image management	Freedom from shame

My Fig Leaves

Self-punishment

What God Offers Instead

Forgiveness through Jesus

One “fig leaf” I need to stop using is:

What would it look like to receive God’s covering instead?

Scripture Focus

“But the Lord God called to the man and said to him, ‘Where are you?’”

Genesis 3:9

“And the Lord God made for Adam and for his wife garments of skins and clothed them.”

Genesis 3:21

“Without the shedding of blood there is no forgiveness of sins.”

Hebrews 9:22

“For God so loved the world, that He gave His only Son, that whoever believes in Him should not perish but have eternal life.”

John 3:16

“There is therefore now no condemnation for those who are in Christ Jesus.”

Romans 8:1

Restoration Plan

When I sin, I will restore right relationship with God by:

- ☐ Stopping instead of hiding
- ☐ Remembering that God comes toward me in love
- ☐ Asking, “What lie did I believe?”

- ☐ Confessing my sin honestly
- ☐ Receiving forgiveness through Jesus
- ☐ Taking responsibility for any consequences
- ☐ Turning back toward God's good ways
- ☐ Talking with a trusted mentor, parent, coach, or leader
- ☐ Other: _____

One specific step I need to take this week is:

Reset Routine: When Shame Tells You to Hide

When you sin, fail, or feel accused:

1. **Pause** – Do not run deeper into hiding.
2. **Listen** – What voice are you hearing: accusation or conviction?
3. **Come Out** – Remember that God calls you out of hiding.
4. **Confess** – Be honest with God about what happened.
5. **Receive** – Trust that Jesus covers your sin and shame.
6. **Return** – Walk back into relationship with God.

Write a reset phrase you can use this week:

Examples:

“God calls me out of hiding.”

“Jesus covers my shame.”

“Confess, receive, return.”

“I am not condemned in Christ.”

“God came for me.”

My reset phrase:

Legacy in Action

This week, look for someone who may be hiding under shame, failure, or regret.

You could:

- Remind someone that God has not given up on them
- Encourage a teammate who feels like a failure
- Share how God's grace has met you
- Refuse to pile shame on someone who already knows they messed up
- Pray with someone who needs forgiveness and restoration
- Be honest with a trusted person about an area where you need help

Write one action you will take this week:

Close in Prayer

At this time, you could:

- Ask for prayer requests from the group
- Pray for anyone carrying shame, guilt, or accusation
- Thank God that He comes toward us in love
- Ask God to expose lies and lead each person into truth
- Pray for courage to confess instead of hide
- Thank Jesus for covering our sin and restoring us to God

Final Reminder

When Adam and Eve sinned, God came.

When they hid, God called.

When they covered themselves, God provided a better covering.

That is still what God does.

He does not leave you hiding in shame. He calls you out in love and covers you through Jesus.

Close with this:

“Shame tells you to hide. The Father calls you out. The enemy accuses, but Jesus covers. So when you fall, do not run from God. Run to Him, confess the truth, receive His grace, and walk back into the relationship He made possible.”